

I love to go swimming!



**SUPPORTING
GREAT
ORMOND
STREET
HOSPITAL
CHARITY**



**Written by Jenson and Jonathan Rolfe
Illustrated by Roseanna Lawes**



All proceeds raised from this book go to The Great Ormond Street Hospital which did amazing things for our son Jenson. We cannot thank them enough. Suzanne and Jonathan Rolfe.

More information at www.goshdinner.com

**I love going to the swimming pool!
I take my 2 bears with me to watch.
They are called Pam and Ron.**



**We have to walk on the poolside and
not run.**



I have a shower



**and then I can jump into the water when our
teacher tells us to.**



**I see friends in my class and we all learn and
play in the water. My swimming teacher
thinks we are great! Pam and Ron sit and
watch me swim.**



**When I started my lessons, I used to
wear arm discs to help me swim.**



I can now swim on my back. The teacher tells me to look up to the ceiling. They ask me if I see any spiders up there. I have never seen any but I always try and see. I kick my legs. Straight legs and floppy ankles!



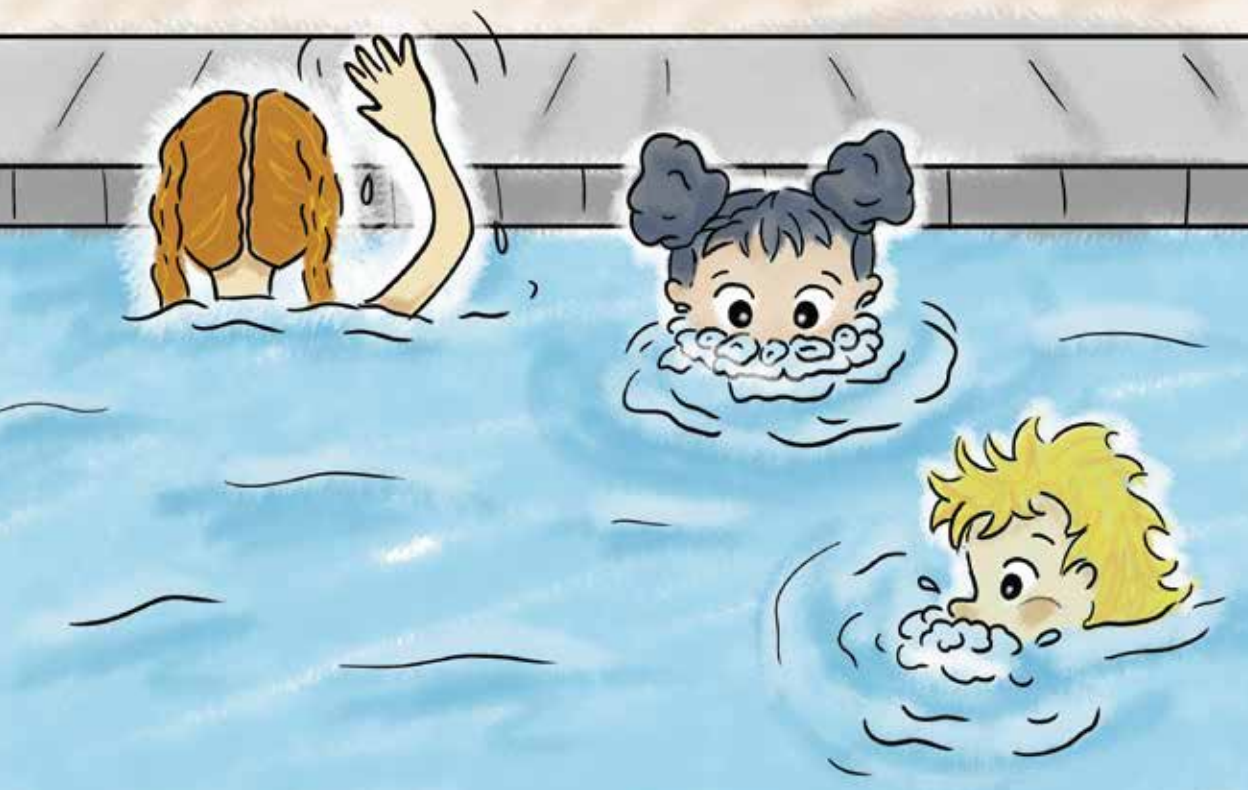
**I can swim on my front. Front crawl is
where my arms go round and round and I
put my face in the water! My hands are
like ice cream scoops!**



**Breaststroke is my favourite as we make
circles in the water. I love to glide
through the water.**



**We blow bubbles under the water. The
swimming pool also has star mirrors
where I can see myself.**



**I can do a brilliant pencil jump! My legs
have to stay together and my arms by my
side. I look like a pencil!**



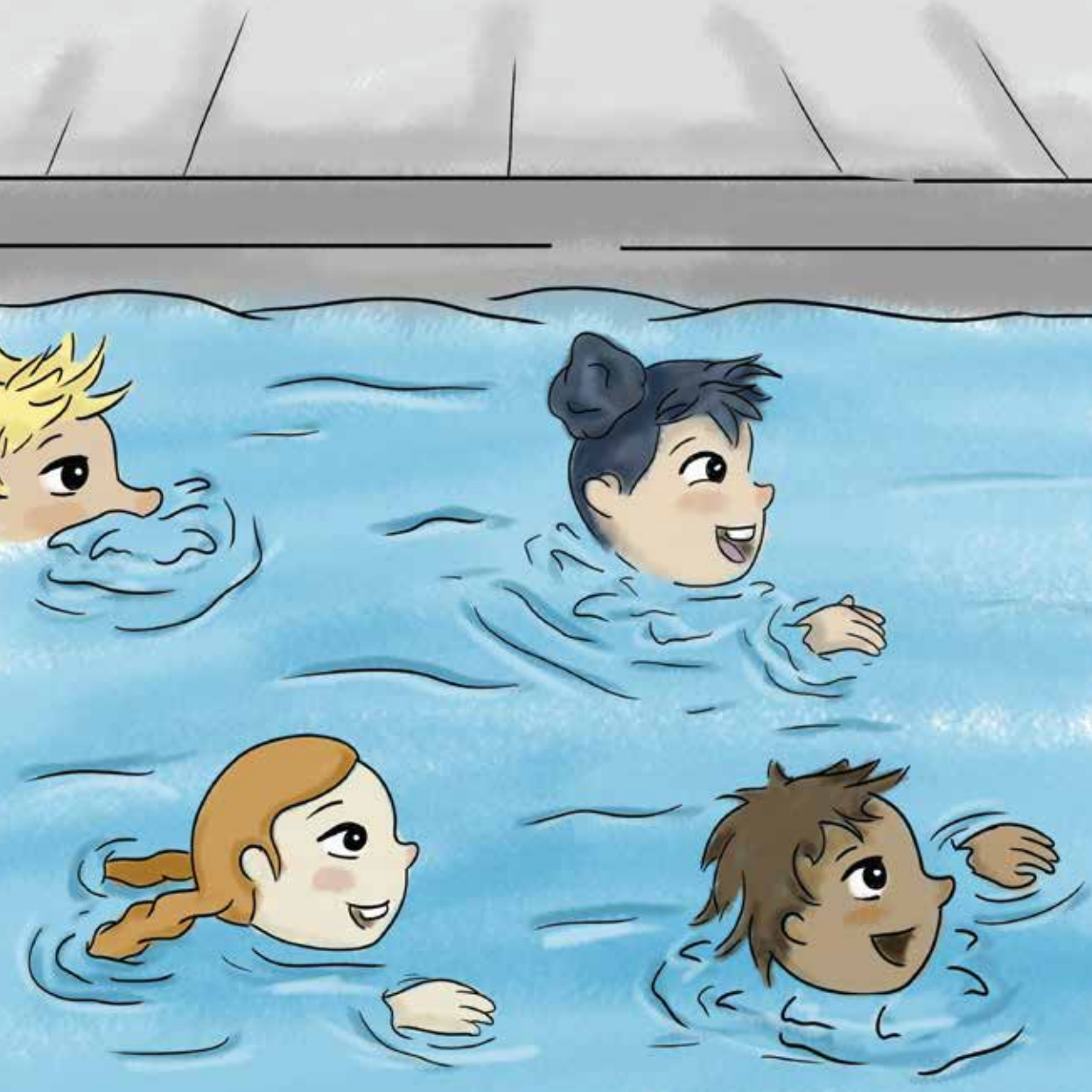
**I love doing a star jump. I have to look like
a star and then have to put my legs
together before touching the water.**



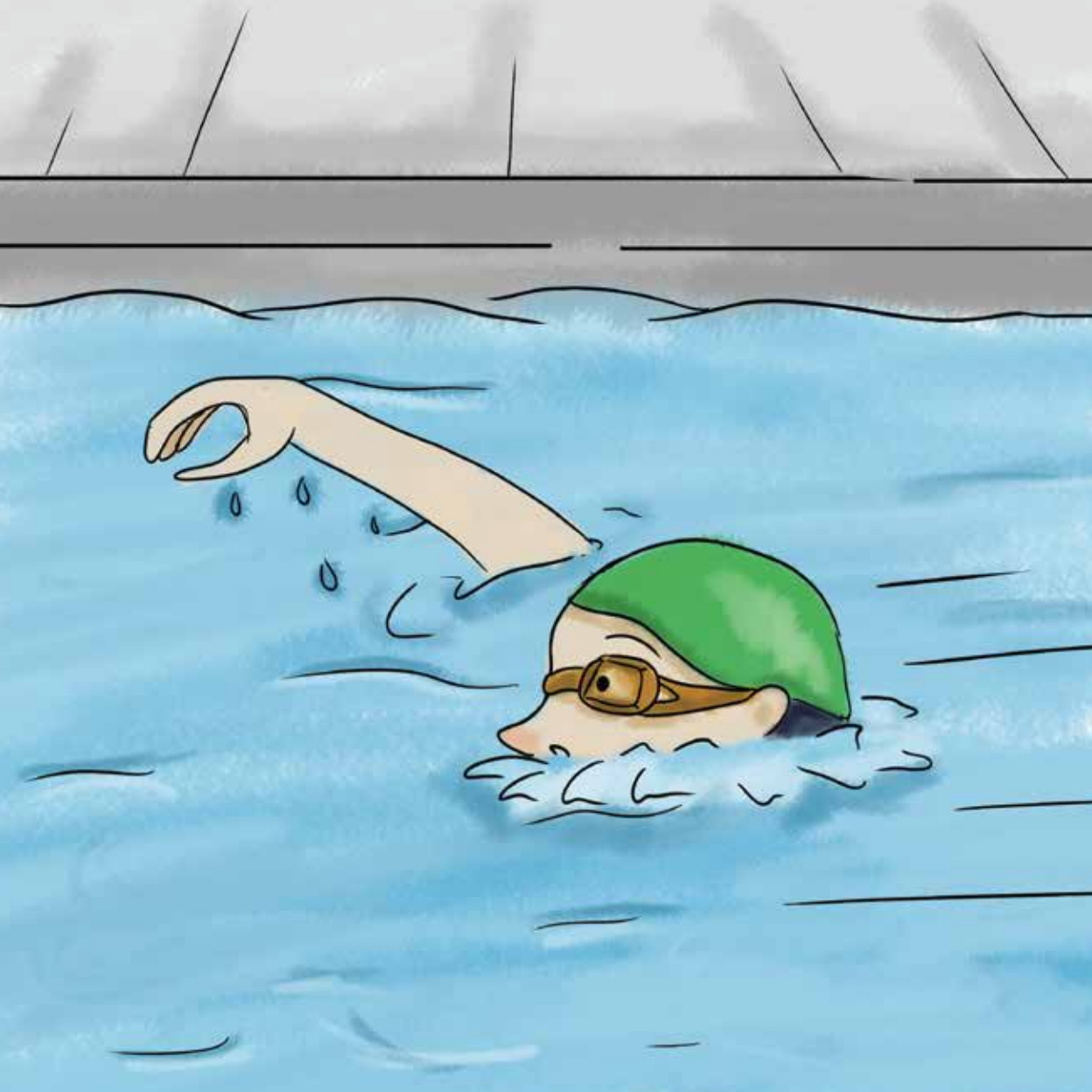
**I am getting better at my dives. I have to
look like Superman and stretch! I wish
Pam and Ron could fly with me.**



**We sometimes have a race. I sometimes
win. We all think it is fun in the class.**



My brother swims in the squads. He is fast and likes to race. I will be in that class one day.



**I worked so hard in my lesson and will
have a good night's sleep.**



**I cannot wait to go back for my next swim
and see my friends and teacher. I wonder
what I will learn next week?**



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